

2024 REGIONAL TAIAO TRACK SCHEDULE

8:30 Coaches meeting
9:00 2400 m run 5th/6th girls, 7th/8th girls, 5th/6th boys, 7th/8th boys
3200 m run JV girls, Div 2 girls, Div 1 girls, JV boys, Div 2 boys, Div 1 boys

9:00 Field events

High Jump

Div 1 Girls
Div 2 Girls
JV Girls
Div 1 Boys
Div 2 Boys
JV Boys

Long Jump

Div 2 Boys
Div 1 Boys
JV Boys
Div 1 Girls
JV Girls
Div 2 Girls

Triple Jump

JV Boys
JV Girls
Div 2 Girls
Div 2 Boys
Div 1 Boys
Div 1 Girls

All Pole Vault

Discus

Div 1 Girls
Div 2 Girls
JV Girls
Div 1 Boys
Div 2 Boys
JV Boys

Shot

Div 2 Boys
Div 1 Boys
JV Boys
Div 1 Girls
JV Girls
Div 2 Girls

Javelin

JV Boys
JV Girls
Div 2 Girls
Div 2 Boys
Div 1 Boys
Div 1 Girls

10:00 **5th/6th and 7th/8th running (girls first then boys)**

400 relay (4x100)
800 m run
100/110 hurdles
100 m dash
800 relay (4x200)
400 m dash
300 m hurdles
200 m dash
1600 m run
1600 relay (4x400)

2:00 **JV girls, Div 2 girls, Div 1 girls, JV boys, Div 2 boys, Div 1 boys**

400 relay (4x100)
800 m run
100/110 hurdles
100 m dash
800 relay (4x200)
400 m dash
300 m hurdles
200 m dash
1600 m run
1600 relay (4x400)

2:00 Field events

High Jump

5th/6th Girls
7th/8th Girls
5th/6th Boys

Long Jump

7th/8th Girls
5th/6th Boys
7th/8th Boys

Triple Jump

5th/6th Boys
7th/8th Boys
5th/6th Girls

7th/8th Boys

5th/6th Girls

7th/8th Girls

Discus

5th/6th Girls
7th/8th Boys
7th/8th Girls
5th/6th Boys

Shot

5th/6th Boys
5th/6th Girls
7th/8th Boys
7th/8th Girls

Javelin

7th/8th Girls
5th/6th Boys
5th/6th Girls
7th/8th Boys