

TAIAO TRACK

8:30 Coaches meeting

9:00 2400 m run 5th/6th girls, 7th/8th girls, 5th/6th boys, 7th/8th boys
3200 m run jv girls, var girls, jv boys, var boys

9:00 Field events

High Jump

JV Girls

Var Girls

JV Boys

V Boys

Long Jump

V Girls

JV Boys

V Boys

JV Girls

Triple Jump

JV Boys

V Boys

JV Girls

V Girls

All Pole Vault

All Divisions

Discus

JV Girls

Var Boys

Var Girls

JV Boys

Shot

JV Boys

JV Girls

Var Boys

Var Girls

Javelin

Var Girls

JV Boys

JV Girls

Var Boys

10:00 5th/6th and 7th/8th running (girls first then boys)

400 relay (4x100)

800 m run

100/110 hurdles

100 m dash

800 relay (4x200)

400 m dash

300 m hurdles

200 m dash

1600 m run

1600 relay (4x400)

2:00 JV Girls, Var Girls, JV Boys, Var Boys

400 relay (4x100)

800 m run

100/110 hurdles

100 m dash

800 relay (4x200)

400 m dash

300 m hurdles

200 m dash

1600 m run

1600 relay (4x400)

2:00 Field events

High Jump

5th/6th Girls
7th/8th Girls
5th/6th Boys
7th/8th Boys

Long Jump

7th/8th Girls
5th/6th Boys
7th/8th Boys
5th/6th Girls

Triple Jump

5th/6th Boys
7th/8th Boys
5th/6th Girls
7th/8th Girls

Discus

5th/6th Girls
7th/8th Boys
7th/8th Girls
5th/6th Boys

Shot

5th/6th Boys
5th/6th Girls
7th/8th Boys
7th/8th Girls

Javelin

7th/8th Girls
5th/6th Boys
5th/6th Girls
7th/8th Boys