

TAIAO Remote Practice/Meeting Rules May 4 – May 30

1 - Beginning May 4, 2020, and for the four (4) weeks following, ending on May 30 2020, organizations shall be allowed to have team practices via video conferencing for a maximum of nine (9) hours per week, Monday-Saturday, (no practices on Sunday), with no more than one and one-half (1.5) hours of total video practice time per day. A team shall be allowed to have two (2) video practice sessions per day.

2 - Each organization may have a separate Varsity Level video practice and Junior High Level video practice. There shall be no separate Varsity, JV, or Freshman video practices. All participating Varsity Level team members shall participate in the same video practice. Similarly, Junior High shall not have an A Team and B Team video practice. All participating Junior High team members shall participate in the same video practice.

3 - For the sake of convenience, a team may have both its Varsity Level and Junior High Level teams participate in the same video practice. In such event, the team is not allowed to stack the maximum hours per week and number of video practices per day. The team is still limited to the maximum video practices set forth in Paragraph 1.

4 - Other than the video practice session(s) no members of a team, whether coaches, players, or support staff, shall gather together for a practice session, whether formal or informal, in order to implement or put into practice the information provided by a coach or other person during a video practice session, or otherwise provided to the team member as set forth in Paragraph 8. Notwithstanding the above, a team member shall be allowed to participate in the extra-video practice activities set forth in Paragraph 8, provided, he/she adheres to the requirements of this Paragraph and Paragraph 5.

5 - During the video practice session(s) no members of a team, whether coaches, players, or support staff, shall be allowed to gather together who are not (a) related by blood, adoption, or marriage; and, (b) not residing in the same household.

6 - During the video practice session(s), no participants shall gather together at any park, building, gym, or other facility, or any location outdoors.

7 - During the video practice session(s) there shall be no physical contact between any participants.

8 - Other than the video practice time, no coach may have contact with any player for the purpose of training, conditioning, or teaching the sport for which the video practice is used for. Coaches, however, may provide to players an optional workout the player may undertake outside of the video practice time, a playbook for the player to study, and/or video game footage the player may watch, which video may not be used as additional coaching time so as to circumvent the video practice time limit set forth herein. Any discussion of video game footage shall occur during the video practice time.

