



**TEXAS ASSOCIATION OF INDEPENDENT
ATHLETIC ORGANIZATIONS
(TAIAO)
SUBCHAPTER P
Track and Field Athletic Plan
(March 24, 2017)**

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Except to the extent otherwise provided, the Track and Field Plan is governed by and subject to the General Rules of TAIAO.

PART A - Division Alignment

The Rules in Subchapter J – “Classifications and Districts” also apply to this Subchapter P, Part A.

Section 800 – Division Assignment

- A. On the Tuesday preceding the TAI AO State meet the Track and Field Committee will announce division assignments for each participating Member Organizations teams.
- B. Within 24 hours of announcement by the Track and Field Committee of division assignments for the State meet, any Member Organization may, as provided in Section 252, request reassignment to a larger or smaller classification.
- C. The Track and Field Committee will respond to all timely filed reassignment requests by the Thursday preceding the State meet.
- D. The decision by the Track and Field Committee to a reassignment request shall be final.

Section 801 – New Member Organizations

- A. Upon admission to TAI AO, the Track and Field Committee shall assign each new member organization to a Division.

Section 802 – Divisions and Division Assignment

A. Divisions.

- 1. There shall be boy and girl divisions for Varsity.
- 2. Girl’s teams shall not compete against boy’s teams and vice versa.
- 3. A coed team shall participate as a boy’s team.

B. Roster Data.

- 1. As part of the registration for the TAI AO State meet, every Member Organization shall forward their Roster Data to the TAI AO Track and Field Commissioner on the date and in the manner requested in the State meet announcement.
- 2. Roster Data shall include each Member Organization’s expected high school boys and girls Track and Field participant count for the upcoming State meet. This head count shall include all expected participants at the High School level between 14 to 18 years of age as of September 1st of the corresponding school calendar year.
- 3. All TAI AO Members Organizations shall use the website and/or official roster form provided by the Track and Field Commissioner.
- 4. Roster Data for any Member Organization applying for membership in TAI AO shall be submitted either with its league application or at such time as determined by the Track and Field Commissioner.

- C. **Roster Count.** Unless otherwise provided by the Track and Field Committee, the most

current Roster Data shall be considered the official Roster Count of each Member Organization.

Section 803 – Official Rosters and Participation. *(See also Section 236 – Eligibility)*

- A. All High School participants and coaches, regardless of classification, shall be included on the official team roster.
- B. The Roster information shall include:
 - 1. For each participant
 - a. First and Last Name
 - b. Grade Classification
 - c. Date of Birth
 - 2. For each Coach
 - a. First and Last Name
 - b. Coaching assignment/responsibilities
- C. Section 237 of the General Rules will govern gender participation in all individual Track & Field Events; provided, however, relay events shall be treated as team participation.

Sections 804 – 807 are reserved for expansion.

PART B - Track and Field Season

Section 808 – Calendar.

- A. The TAI AO calendar for Regular Season shall begin January 1st and will conclude with the TAI AO State Track and Field Meet (*typically scheduled in April*).

Sections 809 – 825 are reserved for expansion.

PART C - Meet Administration

The Rules in Subchapter K – “General Plan” also apply to this Subchapter P, Part C.

Section 826 - Meet Rules.

- A. Except as otherwise provided in this Plan, all TAI AO sponsored Track & Field meets shall be governed by the current National Federation of State High School Associations Track & Field Rules, which rules may be modified through adopted and approved rule modifications by the TAI AO Track Committee, and which NFHS Rules are subject to the General Rules of TAI AO.

Section 827 – Event Limitations.

A. Entry Limits.

1. A participant may enter no more than three (3) running events, including the relays, and not over five (5) events in total.
2. A participant is limited to three running events, including relays.
3. A participant may enter up to five (5) field events.
4. A participant may be listed on an entry form as an alternate for a relay and it will not count against the allowable event limitations until participation.

B. Preliminary Heats.

1. Preliminary heats, if utilized, are designed to advance qualifiers to another round of competition. Preliminary heats and event finals are considered one event for the propose of event entry limits.

Section 828 – Member Organization Representation.

A. Contestant Limitation.

1. Each Member Organization shall be allowed a maximum of three contestants in each individual event.
2. Each Member Organization shall be allowed a maximum of one relay team for each relay event.

Section 829 – Scoring and Individual Honors.

A. Event Scoring.

1. Points for individual events shall be awarded for 1st through 7th place. Points, in order of finish (1st to 7th) will be given as 10-8-6-4-3-2-1.
2. Points for relay events shall be awarded for 1st through 7th place. Points, in order of finish (1st to 7th) will be given as 20-16-12-8-6-4-2.

B. Individual Honors.

1. In computing individual honors, a participant's point on the relay team shall also be counted. (Total points earned by the relay team divided equally by the four relay participants.)

Section 830 – TAI AO State Meet Events.

A. Running Events.

	Girls	Boys
3200 meter run	X	X
4x100 meter relay	X	X
800 meter run	X	X
100/110 meter hurdles	33"	39"
100 meter dash	X	X
400 meter dash	X	X
4x200 meter relay	X	X
300 meter hurdles	30"	36"
200 meter dash	X	X
1600 meter run	X	X
4X400 meter relay	X	X

B. Field Events.

	Girls	Boys
Discus	1 kg	1.6 kg
High Jump	X	X
Long Jump	X	X

Pole Vault	X	X
Shot Put	4 kg	12 lbs.
Triple Jump	X	X
Javelin	600g	800g

Section 831 – Tickets & Admissions – (See Section 267D of the General Rules).

- A. Ticket prices shall be \$5 for students, \$10 for adults, with a family maximum of \$45.

Section 832 – State Meet Entry Fees, Procedures and Dead Lines.

A. Entry Fees.

1. An entry fee of \$15 per participant with a maximum fee of \$300/Member Organization/Team/Division (*i.e.* HS Boys is one “Team”; MS Girls is one “Team”).
2. EACH PARTICIPANT, including any potential ALERNATE(S) must be entered on athletics.net by **12:00 AM CST on Tuesday prior to the TAI AO State Meet.**
3. Each participant entered in the TAI AO State Meet must be accounted for in the Member Organization’s team entry fee. Entry fees are for the total number of athletes entered in the meet.
4. Any participant who is issued a bib number the Member Organization’s team packet counts toward the entry fee. No individual will be allowed to compete without a bib number.
5. Each late entry will incur an administrative late fee of \$30 per individual, plus the \$15 original entry fee for a total of \$45 per participant. This fee will be in addition to the maximum fee mentioned above.
6. Payment will be due when team packets are picked-up; no refunds will be issued during packet pickup.
7. Participants will not be allowed to compete until their Member Organization’s payment has been received, no exception.

B. Relay Entry Procedure.

1. After entering each relay event on-line, you will have spaces to enter up to 8 runner's names per relay. Please include all four runners (in order, spaces 1-4) and any alternates (up to 4 per relay, spaces 5-8) in the 8 spaces provided under each relay. You must enter each member of the relay team and any alternate(s) for that relay so that we may assign a bib number for each member.

Section 833 - Meet Officials.

A. All Meet officials shall be TAIAO approved.

Sections 834 – 840 are reserved for expansion.

PART D - Equipment

Section 841 – Equipment.

A. Uniforms and Tattoos.

1. Refer to NFHS Track and Field Rule 4.3 in regard to uniforms and tattoos.

B. Spikes.

1. The use of ¼” pyramid or Christmas tree spikes will be strictly enforced.
2. No needle spikes or permanent shoe spikes are allowed.

C. Runway Marks.

1. No tape, adhesive or any other semi-permanent/permanent marking is to be placed on the track, runways or aprons.
2. Relay check marks may be a tennis ball or other easily removable, non-adhesive material.
3. As per NFHS Track & Field Rules, all marks must be outside the runway in the horizontal jumps and pole vault.

D. Implement Weigh-in.

1. Implements shall be impounded at the weigh-in station at the designated time and delivered to the event site prior to the event.
2. Implements will remain in the throwing area until the event’s competition has concluded.
3. Implements may be picked up at the conclusion of competition at the weigh-in station.
4. Implements that do not pass inspection may be retrieved from the weigh-on station at the conclusion of the State Meet.

Sections 842 – 850 are reserved for future expansion.

PART E - Unsportsmanlike Conduct

The Rules in Subchapter I – “Discipline, Protests & Appeals” also apply to this Subchapter P., Part E.

Section 851 - Removal from Contest

A. Unsportsmanlike Conduct.

1. TAI AO and NFHS Track and Field Rules regarding unsportsmanlike conduct shall be enforced. Acts which brings discredit to participants or their Member Organization may bring disqualification to a participant.

B. Incident Report. Any coach or participant disqualified or ejected from the meet shall:

1. File an Incident Report with the TAI AO Track and Field Committee Chairman on the TAI AO authorized form.
 - a. The Incident Report is due by noon the second school day following the disqualification and/or ejection.
2. Provide the Meet Director with a copy of the filed Incident Report.
3. Member Organizations that fail to properly report an ejection are subject to further sanctions.

C. Discipline.

1. The TAI AO Track and Field Committee Chairman shall be free to determine appropriate discipline in addition to the disqualification and/or ejection from the State Meet.

Section 852 - Dispute with an Official

- A. A coach or participant who deliberately comes into physical contact with, or threatens to harm an official shall, in addition to immediate disqualification and ejection from the State Meet, receive a minimum of a private written reprimand.

Sections 853 – 860 are reserved for future expansion.

PART F - Middle School

Except as otherwise provided below, all Rules in this Subpart P. shall apply to Middle School Track and Field.

Section 861 - Season Calendar

- A. The TAI AO calendar for the Middle School Regular Season shall begin January 1st and will conclude with the TAI AO State Track and Field Meet (*typically scheduled in May*).

Section 862 - Eligibility

- A. Participation in TAI AO Middle School Track and Field is open to students who:
1. Will reach their 11th birthday no later than September 1st of the current school year and will not have reached their 15th birthday earlier than September 1st of the current school year; and,
 2. Students may only have four consecutive years of eligibility at the Middle School Level.
 3. A 14 year old athlete participating in the smallest division will be allowed to run with a High School relay team so long as the requirements of Section 236 of the General Rules are met. This exception shall apply only to relay events. Individual events are excluded. In this situation, the prohibition of Subsection 236 F.4. (participation on both a High School team and Middle School team during the same week) WILL NOT apply. Participation by the athlete WILL count against Event Limitations provided in Section 827 above.
- B. A member organization may adopt eligibility rules related to Middle School participation that are more stringent than TAI AO rules for eligibility (including academic eligibility).
- C. Teams will be boys and girls. Coed teams will participate as a boys team.
- D. Questions concerning eligibility shall be referred to the Track and Field Committee for review and a decision.

Section 563 – TAI AO State Meet Events

A. **Running Events.**

	Girls	Boys
2400 meter run	X	X
4x100 meter relay	X	X

800 meter run	X	X
100/110 meter hurdles	30"	33"
100 meter dash	X	X
400 meter dash	X	X
4x200 meter relay	X	X
300 meter hurdles	30"	33"
200 meter dash	X	X
1600 meter run	X	X
4X400 meter relay	X	X

B. Field Events.

	Girls	Boys
Discus	1 kg	1 kg
High Jump	X	X
Long Jump	X	X
Pole Vault	X	X
Shot Put	6 lbs.	4kg
Triple Jump	X	X
Javelin	600g	600g